

# CIC 34

## Community Interest Company Report

**For official use**  
*(Please leave blank)*

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*Please complete in typescript, or in bold black capitals.*

<b>Company Name in full</b>	The Quest for Gay Men C.I.C
<b>Company Number</b>	8621631
<b>Year Ending</b>	July 2014

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

### **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

The Quest for Gay Men design and deliver personal development programs, retreats and discussion forums which investigate the thoughts, feelings, beliefs and behaviours that get in the way of gay men living a life of authentic self expression and fulfillment. The investigation explores the impact of the past on the present lives of gay men and delves into topics such as Shame, Trust, Vulnerability, Courage and Connection.

Additionally, The Quest creates alternative social spaces and contributes to discussions relating to gay men and the gay community at large.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**Company Name:** The Quest for Gay Men C.I.C

**Company Number:** 8621631

**Year Ending:** July 2014

### **Part One (Contd)**

During the past 12 months, we have:

- Delivered our flagship Weekend Workshop in London - 5 times, with a combined total 70 participants
- Facilitated 4 thematic One-Day Workshops:
  - Love, Sex and Connection
  - Breaking through Personal Barriers
  - Getting clear on Sex and Intimacy
  - 5 Steps to Authentic Self Expression
- Facilitated 2 The Quest Mastery Workshops for 'Graduates' of The Quest
- Facilitated 3 'Bitesize' introductory evenings for 'graduates of our work':
  - Gay Relationships and Love (in conjunction with The Devotion Project)
  - Genius, Power, Dreams (in conjunction with PwC)
  - 7 Golden Nuggets from my Adventures (by Ernesto Moreno)
- Run 5 Power of Seven Annual coaching groups
- Established two boards – a Graduate and an Advisory Board
- Distributed 12 monthly e-newsletters to 'Graduates' and subscribers
- Held 12 monthly social events in Central London, hosted by 'Graduates' of The Quest
- Held 2 performance storytelling events:
  - 'The Haunting' at Pinter Studios (2 nights)
  - 'The Father+Mother Project' at Pinter Studios (2 nights)
- Held our third year anniversary party and fundraising event
- Marched in the London Pride with 'Graduates' of The Quest
- Organised our annual residential retreat in West Sussex, with 32 gay men in attendance.

This is an opportunity for participants to reconnect and rejuvenate away from the hustle of the city.

- Co-organised a panel discussion exploring the intersection across Race, Culture and Sexuality – “The Rainbow Intersection
- Attended facilitator training for “The Daring Way™” (based on the research of Brené Brown) in Texas

The impact of the activities listed above is that we have helped over 300 gay men with psycho / experiential/educational activities. These activities were created in a nurturing and non-sexualized environment, helping attendees to create new friendships / support mechanisms and develop healthy new behaviours.

Additionally we have created social spaces that have been attended by over 500 gay men.

Combined, our work has created networks of new friendships that are founded on a deeper awareness and understanding of how shame affects our day-to-day lives.